

# PRIMALGIRL OPENS UP HIDRADENITIS SUPPURATIVA PART I

[primalgirl opens up hidradenitis suppurativa part i](#)

Warning: This post is graphic and candid. If you are embarrassed by frank, honest discussions of human sexuality and the human body, then this post probably isn't for you. If you want to learn more about a disease that is connected to Metabolic Syndrome, PCOS, Crohn's Disease and Insulin Resistance but is rarely talked about, then read on.

[how to survive your own personal apocalypse part 2](#)

It's easy to think that the best part of losing everything is replacing it. If you like to shop now, you may believe that you'll like to shop after a disaster.

[modifying paleo for autoimmune conditions the paleo mom](#)

Modifying Paleo for autoimmune conditions may seem impossible, but it can be done by following these guidelines. The health of your gut depends on it.